

Genoa Middle School

Dual Meet: Genoa – Lake Monday, April 15, 2024

2950 N. Genoa-Clay Center Rd., Genoa, Ohio 43430 Phone: 419-855-7741 Meet scorer: Richard Morgan, phone: 419-601-1976 email: rmorgan55@gmail.com

You are scheduled to compete in a dual meet at Genoa High School on Monday, April 15. We will start field events at $\frac{4:45}{5}$, with running events beginning at $\frac{5:15}{5}$.

- *Entries:* All entries will be done online at www.baumspage.com. The window is already open, and it will close *at 7:00 PM Sunday, April 14.* Feel free to email me with any changes Sunday night or Monday morning. We will accept changes even during the meet if necessary. The meet will be drawn Sunday night and the lane assignments will be put on baumspage.
- **Sprints**: Enter as many individuals as you want. Even though it's early season, do your best to estimate performances when entering your athletes (*including field events*) so we have competitive heats and flights. *Guess if you have to*! Regardless of times, however, we will make sure all schools are represented in the hot heat of each event. All races from the 400m down will be run in multiple heats, from fastest to slowest, with scoring possible from any heat.
- **Distance:** Enter as many individuals as you want. For all races 800 m and up, all runners will be run in one heat. In some of the distance races, we may run the boys and girls together, depending on the number of participants and the weather. However, all boys' and girls' coaches must agree to this.
- *Field Events:* In the field events, enter as many individuals as you want. Again, enter expected distances, even if you have to guess. There will be 4 attempts, with flights drawn from shortest to longest.
- **<u>Relays:</u>** Enter up to 3 relays per event. If you need more, email and we'll figure out a way.
- *Scoring*: Since this is a dual meet, scoring will be 5-3-1 in all individual events, and 5-0 in relays.
- *Facilities:* We have an 8-lane all-weather track, with all-weather surfaces on the jumping surfaces as well. Please use ¹/₈ or ¹/₄ inch spikes. Tape is acceptable for marking the jumps, and tennis balls or the like should be used for relays. Please supply your own batons.

Concessions: We will have our concession stand open.

<u>*Meeting*</u>: Come to the press box upon arrival for any last-minute changes or instructions.

Info:For questions or information, please contact:
Matt Routson, 419-704-0497, mlroutson@genoaschools.com, Genoa AD
Richard Morgan, rmorgan55@gmail.com; 419-601-1976; Meet Manager

Good Luck,

Kichauf. Mog-Richard Morgan, Meet Scorer

<u>Schedule</u>

Field events

4:45 PMGirls and Boys Pole Vault
Girls High Jump (boys will follow)
Girls and Boys Long Jump (open pit, 4 attempts)
Boys Shot put, 4 attempts (girls will follow)
Girls Discus, 4 attempts (boys will follow)

Use your own implements. Weigh-ins will not be necessary.

Starting heights and other details of the field events will be determined on meet day by coaches' agreement, depending on number of entries, weather conditions, and other factors.

Running events

5:15 PM Girls 4x800 M Relay Boys 4x800 M Relay Girls 100 M Hurdles Boys 110 M Hurdles Girls 100 m Dash Boys 100 m Dash Girls 4 X 200 m Relay Boys 4 X 200 m Relay Girls 1600 m Run Boys 1600 m Run Girls 4 X 100 m Relay Boys 4X 100 m Relay Girls 400 m Dash Boys 400 m Dash Girls 200 m Hurdles Boys 200 m Hurdles Girls 800 m Run Boys 800 m Run Girls 200 m Dash Boys 200 m Dash Girls 1600 m Relay Boys 1600 m Relay

Please remember that all heat and lane assignments will be posted to baumspage some time Sunday night.